Clinical Sports Medicine Soft Tissue Therapy

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covering preventive non invasive and natural treatments textbook of natural medicine 4th edition offers more than just alternative medicine it promotes an integrated practice that can utilize natural medicine traditional western medicine or a combination of both in a comprehensive scientific treatment plan based on a combination of philosophy and clinical studies textbook of natural medicine helps you provide health care that identifies and controls the underlying causes of disease is supportive of the body s own healing processes and is

considerate of each patient s unique biochemistry internationally known authors joseph pizzorno and michael murray include detailed pharmacologic information on herbs and supplements plus evidence based coverage of diseases and conditions to help you make accurate diagnoses and provide effective therapy comprehensive unique coverage makes this book the gold standard in natural medicine a scientific presentation includes the science behind concepts and treatments and discusses western medical treatments and how they can work with natural medicine in a comprehensive treatment plan if natural medicine is not effective this book recommends the western treatment coverage of pharmacology of natural medicines includes the uses and potential dangers of nearly 80 herbal medicines special nutrients and other natural agents addressing topics such as general information chemical composition history pharmacology clinical applications dosage and toxicology in depth evidence based coverage of 73 diseases and conditions includes key diagnostic criteria pathophysiology of diseases and therapeutic rationales coverage of potential interactions between drugs herbs and supplements ensures the safest possible use for each of 79 herbs and supplements diagnostic procedures include practical easy to follow descriptions of evidence based techniques plus discussions of clinical application of diet analysis food allergy testing immune function assessment fatty acid profiling hair mineral analysis and other diagnostic approaches common therapeutic modalities are described and reviewed including botanical medicine nutritional therapy therapeutic fasting exercise therapy hydrotherapy counseling acupuncture homeopathy and soft tissue manipulation coverage of syndromes and therapies helps in understanding the underlying causes of diseases by discussing topics such as food reactions functional toxicology sports nutrition stress management and breathing pattern disorders coverage of the philosophy of natural medicine includes its history and background with discussions of toxicity detoxification and scientific documentation of the healing actions of nature and natural substances internationally known authors joseph pizzorno and michael murray and more than 90 expert contributors provide material that is up to date accurate and informed more than 10 000 research literature citations show that the content is based on science rather than opinions or anecdotes 13 useful appendices offer quick lookup of frequently used charts handouts and information new chapters are included on hot topics such as female infertility medicinal mushrooms natural products and quality control pregnancy health and primary prevention and vitamin k new appendices include a supplier certification questionnaire and cervical escharotics treatment thorough updates ensure that you use only the most current research and provide the most effective treatment of patients tabs in specific health problems section separate more than 70 alphabetized diseases conditions one convenient volume replaces the cumbersome two volume set for easy convenient reference electronic access is available via pageburst making it easy to search topics drugs herbs and supplements and diseases and conditions sold separately

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the field of sports medicine is growing at a very rapid pace and with this growth comes a demand for more comprehensive yet focused texts that will appeal to the varied audience of people who may be involved with managing sports related injuries this volume provides concise information on imaging differential diagnosis treatment and rehabilitation as well as covering the basic history and biochemistry providing only what the clinician truly needs to know anatomy biomechanics response to injury and general concepts of treatment and rehabilitation the author discusses injuries to each anatomic region in turn in order to ensure that all possible readers questions are covered there is an appendix at the end of each chapter where hard tissue injuries are discussed briefly providing differential diagnosis and an overview of injuries that require surgical management this is a feature unique to this text

this book offers a comprehensive curriculum on plastic surgery centered on adult learning principles the pedagogical structure includes a base of cognitive knowledge that consists of the entire spectrum of plastic surgery reconstructive and aesthetic a guide for an interactive discussion of each component of the knowledge base a set of multiple choice questions with a syllabus of explanation of correct and incorrect responses and clinical cases to illustrate each element over one hundred modules constitute the curriculum all of which are grouped into thirteen general categories each module includes a selected bibliography of relevant and contemporary readings a discussion guide of broad questions and answers for a faculty member to drive an interactive discussion of the module a set of multiple choice questions for each module to serve as a short written guiz and 13 cases that are utilized in a case base conference to discuss the practical application of cognitive knowledge to problem solving of a clinical scenario finally a several page review of the particular case provides an optimal approach to diagnosis and treatment a curriculum for plastic surgery provides an encyclopedic yet facile vehicle to deliver a comprehensive contemporary and interactive curriculum the curriculum reflects the author's four decade long career in academic practice and teaching within this field

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